



Haslingden Healthcare
Caring for our community

Healthier
happier
stronger
together

Autumn 2026

Your Health, Our Priority

PRACTICE NEWSLETTER

NOW INVITING

Flu, COVID & RSV Vaccinations

PROTECT YOURSELF AND THOSE AROUND YOU

As the nights
get colder and
darker, it's more
important than
ever to get
protected

You are eligible if you are:



Pregnant women from 28 weeks of pregnancy onwards
(during every pregnancy), to help protect your baby after birth.



Adults aged 75 years and over.



Adults aged 65 to 74 years who have:

- a weakened immune system, or
- a long-term lung condition (including poorly controlled asthma or COPD).



Eligible patients will receive an invite, or you can call the practice.



Enhanced Access Service

Appointments available at both sites:



Irwell Medical Centre
(Inside Irwell Medical Practice)



Each week night:
5:00pm – 8:45pm



These appointments can be with a GP, ANP, Practice Nurse or Healthcare Assistant.



Rossendale Primary Healthcare Centre
(Inside Illex View Practice)



Saturday only:
9:00am – 2:00pm

Same great care across both sites

National Campaigns

Making a difference together ♥



Stoptober October

Encouraging the nation's smokers to make a quit attempt for the month of October and beyond.

Quit
smoking
♥



Breast Cancer Awareness Month October

To raise awareness for the disease and to raise funds for research. Information and free resources to help you with local campaigns.

Support
Research
Support
Lives ♥



Baby Loss Awareness Week 9–15 October 2026

A supportive space for anyone touched by pregnancy and baby loss to share their experiences and feel that they are not alone.

You are
not alone
♥



Trans Awareness Week 13–19 November 2026

This week helps raise the visibility of transgender people and address issues members of the community face.

Be you.
Be proud.
♥

As the days get shorter
and darker, look after
your mental health,
keep warm and
stay safe ♥



Try to get
as much natural
light as possible.



Keep warm
at home and
when you go out.



Stay connected
with family, friends
and your community.



Look out for
yourself and
others.



Meet Our New Staff

We are delighted to welcome our new members to the team!

Muhammad Bilal GP Receptionist

Hello, my name is Muhammad Bilal. I am the new GP Receptionist and I have T-Level 3 Digital Design Production and Development qualification. I can speak 3 languages (English, Urdu and Punjabi), and I can also understand Italian but not fluent.

Dr Farhan Mehmood GPST (Year 3)

I am a GPST (General Practice Specialty Trainee) currently in year 3 of my GP training. I hold an MBBS medical degree and have gained experience across a broad range of medical specialties throughout my postgraduate training.

Nurse Sarah

I have been a nurse for over 30 years working in critical care, primary care and as a public health nurse. I provide advice on chronic diseases and asthma, complete health checks and support patients with their long-term conditions.



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www.haslingdenmedicalgrouppractice.co.uk



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We're here
for you ♥