

# #ANDYSMANCLUB

**SUICIDE IS THE BIGGEST  
KILLER OF MEN UNDER 54  
1 MAN EVERY 2 HOURS**

**ALL OUR GROUPS  
MEET MONDAY 7PM**

**TO FIND YOUR NEAREST  
GROUP VISIT OUR WEBSITE  
[WWW.ANDYSMANCLUB.CO.UK](http://WWW.ANDYSMANCLUB.CO.UK)**

**JOIN THE  
CONVERSATION**

- f andysmanclub**
- andysmanclubuk**
- @andysmanclubuk**
- info@andysmanclub.co.uk**



**#ITSOKAYTOTALK**

**We are a peer to peer support group for men. Come have a brew and a chat!**